

Prevalent causes of infertility in women of reproductive age in Srinagar city

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■ **ABSTRACT** : The study is a stab to scrutinize the major causes of infertility in Srinagar. Infertility is the inability of a sexually active couple, not using any birth control, to get pregnant after one year of trying. The main objective of the study was to underline the causes and to find out the psychological distress among these women folk. Qualitative techniques such as in-depth interviews and structured questionnaire was administered towards execution of the objectives. It was found that women with infertility have sporadic ovulation; these women usually have irregular periods. Ovulation can be disturbed by changes in hormones and the other causes of infertility were ovulatory dysfunction, STD, like chlamydia and gonorrhoea that can cause tubal blockage. Infertility persecutes a woman's distinctiveness, detour their conjugal stability and turn out to be a major source of anxiety leading to depression.

■ **KEY WORDS** : Infertility, Women, Reproductive age

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